



Addiction & Mental Health Services | services de lutte contre les dépendances et de santé mentale
Kingston Frontenac Lennox & Addington

Position:	Clinical Counsellor - Ontario Structured Psychotherapy Program (OSP)	Competition Number:	2022-061
Hours of Work:	Monday to Friday Days, potential for Evenings	Reports to:	Program Manager, Addictions & Counselling Services
Vacancies:	Two (2)	Hourly Rate:	Pay Band 7 \$ 32.92 - \$38.21
Job Status:	Permanent Full-time	Union/Non-Union:	OPSEU Local 489
Location:	Kingston		

We are pleased to present our Clinical Counsellor, OSP role. This role contributes to the support of our clients in providing invaluable services to individuals with addictions and/or mental health concerns within the Kingston, Frontenac, Lennox and Addington (KFLA) communities.

Alongside the gratifying sense of giving back to the community, the incumbent of this position will be offered a competitive benefit package which includes the following:

- *Extended Healthcare and Dental Benefits*
- *Basic Life and AD&D Insurance, with optional added levels of coverage*
- *Dependent Life (dependents/spouse covered at no additional cost)*
- *Enrolment in the Healthcare of Ontario Pension Plan (HOOPP)*
- *Paid time off entitlements (sick time, vacation, wellness leave, family/personal leave)*

Job Summary:

The Ontario Structured Psychotherapy (OSP) program provides evidence-based psychotherapy to clients with depressive disorders, anxiety disorders, obsessive-compulsive disorders and stressor-related disorders including Post-Traumatic Stress Disorder. The program will provide treatment to clients with co-morbid conditions including chronic physical health conditions and concurrent disorders (e.g. alcohol and substance abuse), provided these co-morbid or concurrent conditions do not interfere with the efficacy of the psychotherapeutic treatment. All clinicians deployed through this program must be an autonomous member of an appropriate regulated health profession and have some pre-existing training and experience in providing psychotherapy. The Clinical Counsellor (Ontario Structured Psychotherapy Program) provides a cognitive behavioural therapy (CBT) service to clients with a range of complex problems for which CBT is demonstrated to be clinically effective. The Clinical Counsellor (OSP) will work with people with different cultural backgrounds and ages, using interpreters when necessary. The Clinical Counsellor (OSP) will participate in intensive training and ongoing audio / video facilitated supervision as part of their role.

Minimum Qualifications:

- Master's Degree in Clinical or Counselling Psychology; Social Work, Occupational Therapy, or other relevant discipline.
- Unrestricted Registration with the relevant college related to the Masters Degree and controlled act of Psychotherapy
- Minimum two years post-graduate experience working with individuals with serious mental health issues providing direct therapeutic intervention.
- Expertise in group counselling.
- Previous certified CBT training an asset.
- Knowledgeable in trauma informed therapies, and working from a client-centred focus.
- Certification in First Aid and CPR an asset.
- Ability to work flexible hours, including some evenings.
- Experience working effectively within an inter-professional team.

Knowledge, Skills and Abilities:

- Knowledge of and ability to apply discipline specific principles and practices to individuals who live with anxiety and depression.
- Demonstrated in-depth knowledge of addictions and mental health symptoms and issues, along with evidence-based treatment, including psychotropic medications and associated side effects.
- Knowledge of and ability to incorporate best practices in community support for individuals living with an addiction and/or mental health issue.
- Assessment and crisis intervention skills with broad knowledge of crisis stabilization.
- Advanced clinical reasoning and decision-making skills.
- Ability to effectively utilize community resources and supports to meet the needs of individuals.
- Ability to work within a harm reduction framework.
- Ability to work under pressure within a changing environment.
- Knowledge of the impact of social/cultural/economic factors on the determinants of health.
- Working knowledge of the Health Care Consent Act, Mental Health Act, Personal Health Information Protection Act, and other relevant legislation.
- Excellent communication and interpersonal skills in order to effectively engage community services and individuals, increasing awareness of services.
- Well-developed problem-solving, prioritization and conflict resolution skills.

- Ability to work remotely.
- Basic proficiency in computer skills; MS Office and MS Teams required.
- Ability to work within a highly structure service delivery model based on the Provincial OSP program expectations
- Must possess a valid Ontario Driver's License and have regular access to a reliable vehicle and provide proof of \$2,000,000 vehicle insurance. Incumbent may be required to transport clients.
- Required to provide a satisfactory criminal and vulnerable sector reference check prior to hire.

*Please submit a resume and cover letter as one document only quoting **Competition Number 2022-061** to:
careers@amhs-kfla.ca*

Please Note: AMHS-KFLA has a vaccination policy which requires proof of all required doses of a COVID-19 vaccine approved for use in Canada or proof of medical exemption, consistent with the criteria outlined in the policy prior to their employment. A copy of the policy can be made available upon request.

AMHS-KFLA strives to be a diverse and inclusive workplace. We encourage applications from all candidates who would contribute to the diversity of our community and enhance our ability to provide quality services to our clients.

We are committed to accessible employment practices. If you require an accommodation to fully participate in the recruitment and selection process, please inform Human Resources to discuss your individual accessibility needs.