

For immediate release

Addiction and Mental Health Services – Kingston, Frontenac, Lennox and Addington (AMHS-KFLA) Marks an Important Milestone in the Opening of HART Connect



Kingston, ON – October 2, 2026 Following the [Ministry of Health announcement](#), AMHS-KFLA confirms the opening of the first pillar of the Homelessness and Addiction Recovery Treatment (HART) Hub model.

HART Connect: now open at 661 Montreal Street

The Integrated Care Hub transitioned to HART Connect as of October 1st, 2026, the first service within HART Hub Kingston to be available in our region. Programming continues to be possible through funding from the Ontario government, the City of Kingston and United Way of KFLA.

Building on the strength of our preexisting program, HART Connect ensures the continued provision of welcoming, accessible services for those in need of immediate care and overnight shelter, including:

- Drop-in services via the Access & Support Centre for basic needs support like meals, showers and washroom facilities.
- An overnight Rest Zone for up to 28 individuals.
- Connections to AMHS-KFLA and community health and social services
- Peer support services through Peer Support South East Ontario, including one-to-one and group programming

Additional on-site partner supports, including medical care, addictions medicine, pathways to withdrawal management, and culturally relevant programming, are in development and will be introduced as HART Hub Kingston continues to grow.

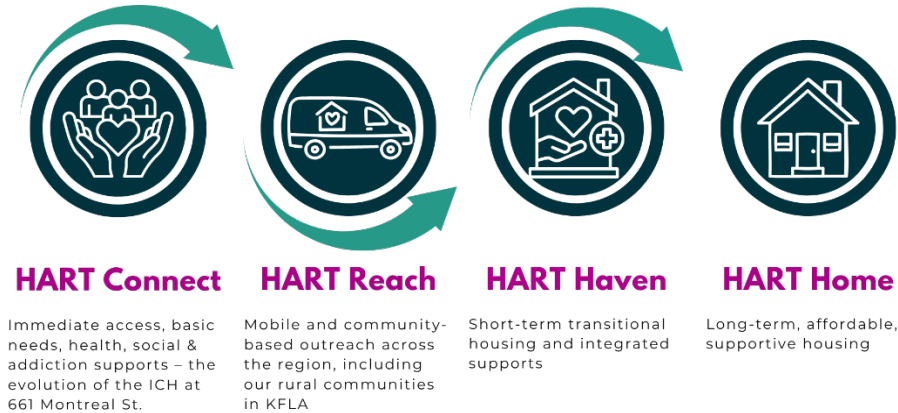
“We know that timely access to the right supports can make a meaningful difference in someone’s health and well-being. Every person who comes through our doors has their own story, needs and goals.

By bringing different services together, HART Hub Kingston can help reduce barriers and ensure people have more opportunities to take the first step on their recovery journey.

- *Victoria Wilson, Clinical Director, AMHS-KFLA*

Strengthening supports across KFLA

The broader vision for HART Hub Kingston, developed in collaboration with our many social and health service partners, will be implemented iteratively, with additional services coming to communities across Kingston, Frontenac, Lennox & Addington over the coming year.



AMHS-KFLA's HART Hub supports people who face complex mental health and substance use issues alongside housing instability. This model was designed to reflect the needs of those we serve within our community and enhance collaboration for a stronger, more connected system of care in our region.

"Everyone deserves access to services that meet them where they are and support them on their own journey. HART Hub Kingston brings together a range of connected services with the goal of making accessing services easier, more coordinated and responsive to the changing needs of our community."

We are thankful to our funders and the many organizations and individuals who have contributed to this work, and we look forward to continuing to build a connected system of care together."

- Betty Jo Dean, CEO, AMHS-KFLA

Supporting Transition

AMHS-KFLA recognizes that the September 30th closure of the Consumption Treatment Service (CTS), operated by Kingston Community Health Centres (KCHC), has an impact on people who have used these services, as well as staff, partners and the broader community.

To support these changes, AMHS-KFLA, KCHC, the City of Kingston, and community partners established a planning table, also working to ensure clients, the public and partner organizations have timely and accurate information about community services.

We are grateful to everyone who has helped to build and shape these services in the past, and in the years to come. This investment in HART Hub Kingston creates a meaningful opportunity to collaborate and expand housing and health services in our region.



Addiction & Mental Health Services | services de lutte contre les dépendances et de santé mentale
Kingston Frontenac Lennox & Addington



In partnership with Addiction & Mental Health Services –
Kingston, Frontenac, Lennox & Addington (AMHS-KFLA)

Media Release

AMHS-KFLA is committed to these partnerships and working diligently to fulfill our vision. We can accomplish this through low-barrier, person-centred care informed by harm-reduction approaches that support vulnerable people with dignity and compassion.

About AMHS-KFLA

Addiction and Mental Health Services – Kingston, Frontenac, Lennox & Addington (AMHS-KFLA) is a non-profit organization that delivers a broad range of community-based mental health, addiction and housing services to over 7,000 individuals each year in the City of Kingston and the counties of Frontenac and Lennox and Addington. Quality health care services are delivered free of charge and empower individuals with severe, persistent challenges to become well and achieve their full potential. For more information, visit www.amhs-kfla.ca or call 1-888-488-6697

24-Hour Crisis Lines: Kingston & Frontenac: 613-544-4229 | Lennox & Addington: 613-354-7388

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