

HART Hub Kingston: A Connected Continuum of Support

The Homelessness and Addiction Recovery Treatment (HART) Hub Kingston will be a coordinated, person-centred approach supporting people experiencing mental health challenges, substance use, and housing instability across the Kingston, Frontenac, Lennox and Addington (KFLA) region.

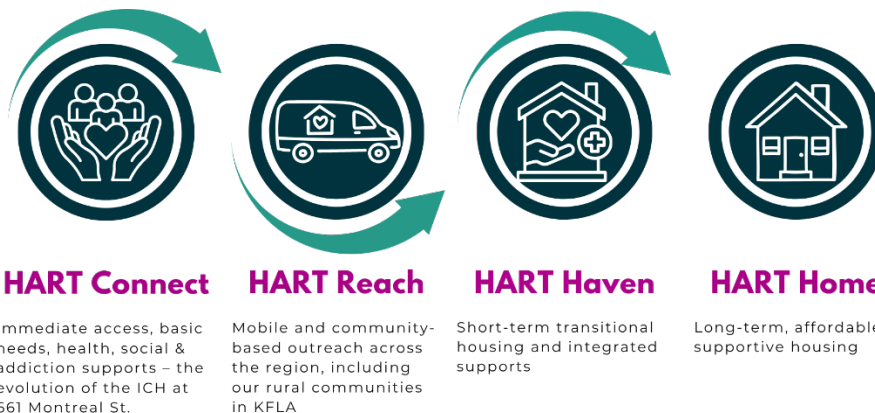
Rooted in the collaborative, low-barrier philosophy that built the Integrated Care Hub (ICH), the evolution to a HART model builds upon this work and will offer a system of integrated support in our community.

HART Hub Kingston will bring together four complementary service pillars:

The four pillars will work together to create flexible pathways based on individual needs.

People can enter the continuum at different points and move between services as their circumstances change.

Together, these services will create a connected pathway from immediate support and outreach through treatment, transitional housing and long-term supportive housing.



HART Connect

HART Connect is a place to begin, providing access to immediate support and pathways to health, treatment, housing and recovery. Providing 24/7, low-barrier access, HART Connect will continue to offer drop-in services through the Access and Support centre, including meals, showers, washroom access, and group programming. Staff will continue to provide connections and referrals to AMHS-KFLA programs and community health and social services.

The overnight Rest Zone will continue to operate all 24 beds, maintaining the same access processes and criteria. Peer Support Services provided by PSSEO will begin on-site in October, providing dedicated one-to-one and group programming.

 **We are transitioning from the existing Integrated Care Hub model to HART Connect as of October 1st**, continuing to operate at 661 Montreal St. until a permanent location is identified. On-site medical care, addictions medicine, pathways to Detox, and cultural programming will be added as they are formalized.

HART Reach

Care that travels. HART Reach will extend our HART Hub into communities across KFLA through mobile and community-based outreach, with a focus on communities outside the urban Kingston core.

Mobile street outreach workers will connect with people experiencing homelessness, housing instability, mental health challenges or substance use concerns in rural communities, shelters, encampments and other community settings across KFLA, using a dedicated HART Reach van, meeting clients where they are.

 **HART Reach services will become available following our recruitment efforts.** We anticipate bringing this added resource to our community **in late 2026**. Updates will be shared as this moves forward.

HART Haven

A place to stabilize. Transitional supportive housing with treatment, recovery, and life-skills programming. HART Haven will provide a safe and supportive environment while addressing homelessness, substance use and mental health needs with a focus on stabilization, skill-building and individual goals.

As residents progress, they may transition to community housing, HART Homes or other supportive housing options that are best suited to their needs and goals.



The opening of HART Haven will be announced once a suitable space has been secured and staffing is in place.

Partners will be informed of the process for accessing HART Haven, including eligibility criteria and access procedures.

HART Homes

A place to stay. Long-term supportive housing with case management and rent supplements to help people stay housed. HART Homes will provide long-term, affordable supportive housing through a combination of fixed-site housing and rent subsidies. It will support people who require ongoing, lower-intensity assistance to maintain housing stability and recovery.



HART Homes will begin welcoming individuals once the location, operational requirements, and staffing have been finalized. Information regarding referral pathways, eligibility requirements, and how partners can connect individuals to HART Homes will be shared with community partners in advance of opening.

What's Next

The HART Hub Kingston pillars will continue to open and expand as they are developed and become operational. Our implementation will follow an iterative, phased approach that reflects the evolving needs and priorities of the community. We will continue to provide updates on service availability as planning progresses.

Resources

There are resources available to support you and your teams.

Please reach out to communications@amhs-kfla.ca to request items or with any questions or feedback.

1. **HART Connect – 661 Montreal St Service Transition Guide** – printable, one-page resource for clients, neighbours, staff members or the community about services available at 661 Montreal Street now and in the future.
2. **Harm Reduction Rack Card** – printable rack card with QR code for those seeking to locate or access harm reduction resources in Kingston. A high-resolution file for professional printing is available on request via communications@amhs-kfla.ca.
3. **Kingston Harm Reduction Directory** – to support frontline workers in identifying and accessing Harm Reduction resources in Kingston, with a detailed guide.

We also welcome the opportunity to discuss how we may be able to collaborate or partner to better serve our community. Please reach out to communications@amhs-kfla.ca, and your request will be shared with the most appropriate member of our leadership team.